

TABLE OF CONTENTS

HOW TO FORMULATE BODY AND SKIN CARE PRODUCTS 1: BUILDING THE FORMULA

Are You a Formulator?	4
Formula	4
Formulation	4
Manufacturer	4
Cosmetic Chemist.....	4
Decide About Natural and Organic	5
Comparing Natural Body, Hair and Skin Care Products	6
The Basics	7
How to Measure	7
Accuracy.....	7
Scales	7
Recipe Measurements	8
Know Your Ingredients	8
Building The Formula.....	9
The Math	10
Sample Lotion Formula In Ounces	11
Sample Lotion Formula In Grams	12
Upscaling The Formula - Practice	13
Upscaling The Formula -Practice Answers	14
Lotion/Cream Formulating Worksheet.....	15
Product Formulating Worksheet	16
Product Formulating Worksheet - Blank.....	17
Percentage To Decimal Conversion Chart.....	18-19
Weight and Measurement Conversion	20
Resources	21-23